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| **Sometimes nurses need help, too****Role Stress & Long Hours** **Lack of Education on Substance Use Disorder****Access to Addictive Medications** **Stigma and Shame** |
| Do you know a nurse who is affected by an alcohol or drug-related problem?  |
|  |

Contact the **Nurses Peer Support Network** a program of **NURSES HELPING NURSES**

 612-508-3709 [minnesotanpsnetwork@gmail.com](http://minnesotanpsnetwork@gmail.com)

 Website: <http://npsnetwork-mn.org/>

Facebook: [https://www.facebook.com/npsnetwork](http://www.facebook.com/npsnetwork)